

# Debt Worksheet

## Credit Cards

total credit card debt:

Name of Card / Contact Number	Interest Rate	Minimum Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____

## Medical Debts

total medical debt:

Name / Contact Number	Interest Rate	Minimum Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____

**Student Loans**

**total student loan debt:**

Name / Contact Number	Interest Rate	Minimum Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____

**Personal Loans**

**total personal loan debt:**

Name / Contact Number	Interest Rate	Minimum Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____

**Car Loans**

**total car debt:**

Name / Contact Number	Interest Rate	Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

**Mortgage Loans**  
**total mortgage debt:**

Name / Contact Number	Interest Rate	Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

**Other Debt**  
**total other debt:**

Name / Contact Number	Interest Rate	Minimum Monthly Payment	Balance
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____

**Total Overall Debt:** \_\_\_\_\_  
**(excluding mortgage)**

**Total Overall Debt:** \_\_\_\_\_  
**(including mortgage)**

**Now that you know your total overall debt, create a plan to pay it off.**

Start by using the credit card payment calculator on the free resource page of my website at:

[www.springwindcoaching.com/resource\\_page.php](http://www.springwindcoaching.com/resource_page.php)

## **If You're Ready to Take This One Step Further...**

Along with this free report, I have some additional classes and resources that will help you create success in your finances and your life.

### **1. Free "Live Richly" Calls**

**Join me and other like-minded individuals throughout the U.S., the first three Tuesdays each month** for my free "Live Richly" calls. These calls will give you the tools to create financial success. You'll learn how to take external and internal action to build wealth and "be" wealthy. You can choose to participate live or receive a recording of each call (click on link to access now). [www.springwindcoaching.com/LiveRichly.php](http://www.springwindcoaching.com/LiveRichly.php)

### **2. Financial Dating Quick-Start Teleclass**

This class is **for couples who are ready to strengthen their relationship and take financial action now**. You'll learn how to work as a cohesive team with your partner and accomplish financial and personal goals, in a way that's guaranteed to produce results (click on link to access now). [www.springwindcoaching.com/classes.php](http://www.springwindcoaching.com/classes.php)

### **3. Other Financial Workshops**

Periodically check out the events/workshop page on my website for new class listings. Consider book marking this page in your browser to make it easier to find (click on link to access now). [www.springwindcoaching.com/classes.php](http://www.springwindcoaching.com/classes.php)

## **About the Author**

Leslie Cunningham, CTACC, "The Financial Dating™ Expert," is dedicated to helping couples build wealthy relationships and transform their money & lifestyle stress into inspired action. Leslie has over 17 years experience as a service professional, leading groups, presenting, and helping individuals and couples achieve success. Get more relationship and money tips at [www.springwindcoaching.com](http://www.springwindcoaching.com)